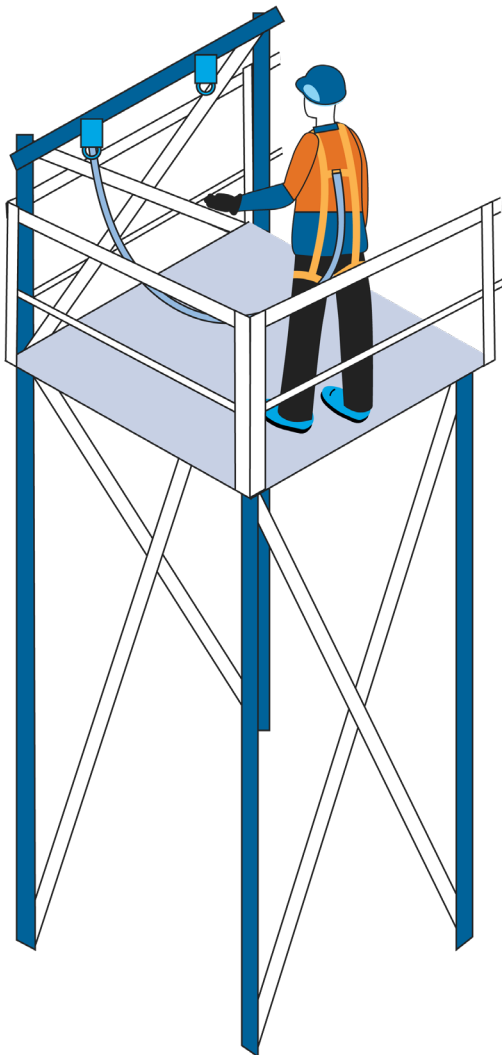


Working at Height Safeguards

When this applies

Any work that has the potential to cause significant harm due to people or their equipment falling from one level to another.



Hazards

Common hazards include, but not limited to, working:

- near an unprotected open edge.
- using equipment to work at the elevated level, for example when using elevating work platforms (EWPs) or portable ladders.
- on any structure or plant being constructed or installed, demolished or dismantled, inspected, tested, repaired or cleaned.
- on or alongside a fragile surface, or on a potentially unstable surface.
- near a hole, shaft or pit into which a worker could fall.

Key Safeguards

Wherever possible reduce your risk by adopting the following hierarchy:

- Avoid or minimise work at heights wherever possible.
- Install physical protection over openings where people could fall.
- Work from a fixed platform with handrails and other fall prevention barriers wherever possible.
- Work from a mobile work platform (e.g. mobile scaffolding, or elevating work platforms).
- Provide a work positioning system that includes equipment that enables a person to be positioned and safely supported in a way that prevents falls (e.g. fall restraint equipment).
- If all the above options aren't practicable, provide fall arrest equipment that will safely stop a worker being injured if a fall were to occur (e.g. full body harness, energy absorbing lanyards, inertia reels and rated anchor / tie-off points).
- Only workers that have the required competencies are assigned to the working at height activities.

Other key safeguards include:

- Ensure all tools and items are secured in a way that prevents them from falling.
- Establish an exclusion zone with signage to prevent people enter the drop zone.

Did you know:

Working at height is the leading cause of work fatalities.

Working at Height Safeguards

What you need to do

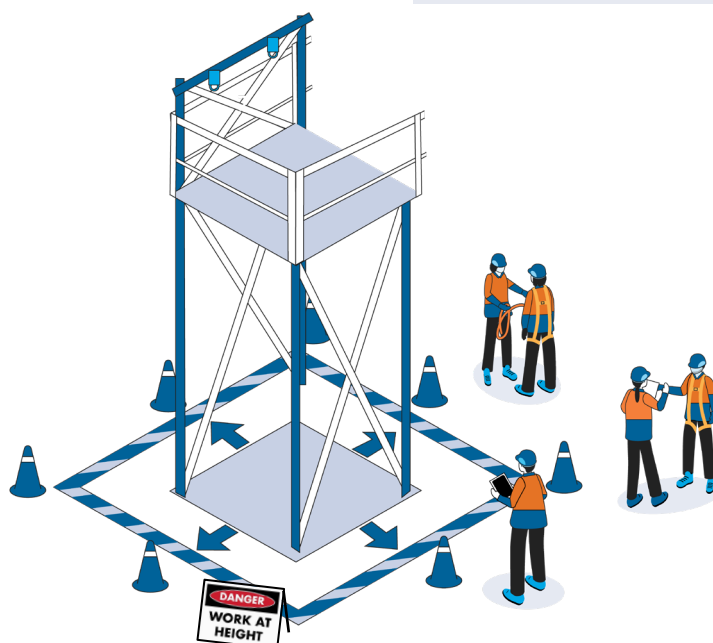
1. Ensure a **Significant Hazard Management Plan** is in place for the work activity and verify that the controls are implemented.
2. Obtain a **Permit to Work** for Working at Heights if:
 - Within two metres of an open edge
 - Within an elevated work platform or personnel cage
 - On fragile surfaces such as roofs or ceilings or materials that could subside or collapse, and / or
 - In an area where dropped objects could be a hazard to anyone below.
3. If working under fall arrest, develop a **Work at Heights Rescue Plan** to recover a suspended or injured person.
4. **Safe Work Method Statement (SWMS)** completed. Note - this is legislative requirement for any high risk construction work.
 - a. Identify and record within the SWMS the method of fall protection selected.
5. Only operate elevated work platforms or workbox if **competent and licenced** (if required) and after pre-start checks completed.
6. **Check equipment** is within inspection date and is in good condition prior to use.
7. Complete the Working at Height **Safeguards Checklist** prior to commencing work.

Worker competencies required

- RIIWHS204D – Work safely at height.
- PUASAR032 – Undertake vertical rescue *(if workers undertaking activities under fall arrest).*

Additional resources

- Managing the risk of falls at workplaces Code of Practice
- Working at Height Procedure SENEX-CORP-HS-PRC-036
- Permit to Work Procedure SENEX-CORP-HS-PRC-005



If you have any questions or need any support, speak to your Supervisor.

Working at Height Safeguards

Complete this checklist before starting work.

START HERE
Have you considered other methods that don't require you to work at height?
 Yes

Has the task been planned, documented and authorised under the Permit to Work system (if required)?
 Yes

Are there suitable emergency response and working at height rescue plans in place (if under fall arrest)?
 Yes

Has an exclusion zone with signage been set up?
 Yes

Can everyone safely access and exit the area?
 Yes


Are guardrails, mid rails and edge protection in place and used correctly?
 Yes

Are all tools secured in a way that stops them from falling?
 Yes

Is everyone supplied with, and trained in, fall protection systems?
 Yes

Have openings been identified and is physical protection in place?
 Yes

**DANGER
WORK AT HEIGHT**



Scan for more



If you can't achieve all applicable controls in this safeguard, STOP work, review and update the SWMS (and Work Permit where required) with your Supervisor and ensure hazards are controlled.

Working at Height Safeguards

Did the task have any challenges or complications?
If yes, how were they managed?

Yes No

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.....

Were there any controls on the safeguard which could not be achieved?
If so, why not and how was this managed?

Yes No

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.....

Did you improve the safeguards during verification?
If yes, how did you improve it?

Yes No

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.....
.....

Do you have any feedback on this safeguard document or the controls?
If yes, please detail below.

Yes No

.....
.....
.....

Name: Role:

Site: